

A photograph of a luxurious spa bath. The tub is filled with white foam and red rose petals. A wooden caddy floats on the water, holding a black bowl, two rolled towels, and a copper-colored dish. The background features a wall of mosaic tiles and a small potted plant.

REFRESH

CANYONRANCH®

LAS VEGAS • THE VENETIAN® RESORT

SPA

FITNESS

BEAUTY



Step into Canyon Ranch®, one of the world's  
most renowned spas.

Customize your wellness journey to suit your  
needs. Challenge yourself with an invigorating  
workout at the state-of-the-art fitness center.  
There are endless ways to inspire your path, from  
massages and facials to salon and barber services.  
Embrace the opportunity to take some time for  
yourself and discover what's best for you.

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# SPA





# MASSAGES

## AROMATHERAPY MASSAGE

50 / 80 minutes

Mon-Thur \$209 / 309, Fri-Sun \$219 / \$319

Essential oils can have a profound effect on mind and body. Our aromatherapy expert will help you choose the most effective essential oil blend for your specific intention. This treatment employs a variety of massage modalities including: acupressure, reflex points and soft tissue (Swedish) techniques.

## WARM COCONUT OIL MASSAGE

50 / 80 minutes

Mon-Thur \$199 / 299, Fri-Sun \$209 / \$309

An exhilarating experience; our signature massage with warm coconut oil which hydrates your skin, and creates a profoundly relaxing experience.

## CANYON RANCH MASSAGE

50 / 80 / 100 minutes

Mon-Thu \$189 / \$289 / \$369, Fri-Sun \$199 / \$299 / \$379

Our signature massage is uniquely tailored to suit your needs. This full-body massage stimulates circulation and soothes tight muscles.

## DEEP TISSUE MASSAGE

50 / 80 minutes

Mon-Thur \$199 / \$319, Fri-Sun \$209 / \$319

Firm to deep pressure is applied to reach deep muscle layers and address your specific areas of concern.

## CANYON RANCH STONE MASSAGE

75 minutes

Mon-Thur \$299, Fri-Sun \$309

This therapeutic massage uses Basalt stones for a continuous flow of heat to relieve sore muscles and melt away tension and stress for deep relaxation.

## BIRTHDAY CELEBRATION MASSAGE

50 / 80 minutes

Mon-Thur \$209 / \$309, Fri-Sun \$219 / \$319

Celebrate your birthday (or any day) with this sweet-smelling massage that leaves your skin deliciously soft.

## PRENATAL MASSAGE

50 / 80 minutes

Mon-Thur \$209 / \$329, Fri-Sun \$219 / \$339

Our Canyon Ranch Custom Massage is adapted for ultimate comfort. Ultra-rich moisturizing products are used to nourish and soothe your skin so you can get in touch with your body and your baby.

### SOLE REJUVENATION FOOT MASSAGE

50 minutes

Mon-Thur \$189, Fri-Sun \$199

This dedicated foot massage will melt away tension and relieve travel-weary, overworked feet.

### SEASONAL FULL-BODY MASSAGE

50 / 80 minutes

Mon-Thur \$209 / \$309, Fri-Sun \$219 / \$319

Relax and rejuvenate with the scent of the season.

### TRANQUILITY MASSAGE

80 minutes

Mon-Thur \$309, Fri-Sun \$319

An innovative treatment acting on three different sensory pathways for profound relaxation. Feel the synergy of a unique blend of essential oils, Tranquility Sound™, and relaxing massage modalities, all combined with the use of soft brushes to soothe the senses. You'll be gently guided into a state of peace and tranquility that promotes sound sleep.

#### ENHANCEMENTS

##### AROMATHERAPY OIL

\$15

Choose from three specially blended oils designed to harmonize, awaken or nourish.

##### FOOT SCRUB

\$30

Mint-scented foot scrub that energize and restores circulation.

##### HAIR & SCALP TREATMENT

\$30

Delivers new luster, bounce and manageability to damaged or dry hair and scalp.

##### TENSION BALM

\$30

A healing ointment is massaged into areas where muscle tightness is a concern.

#### EXCLUSIVELY FOR COUPLES

##### COUPLES RETREAT

100 minutes: 2 GUESTS Mon-Thur \$759, Fri-Sun \$779

Share a sublime experience in our couples ritual room: scalp massage, full-body exfoliation, cleansing shower and a luxurious bath for two—followed by full-body massage.

##### COUPLES SERVICES

Most massage services can be offered in a couple's room with a \$20 per person surcharge. See our website or contact us for availability.

# FROM THE EAST

## ABHYANGA-SHIRODHARA

80 minutes

Mon-Sun \$299

An enhanced Abhyanga, combined with the classic treatment of a Shirodhara. Enter a light state of meditation as a stream of warm herbal-infused oil soothes the spirit and helps balance your body's energies.

## REIKI

50 minutes

Mon-Sun \$199

This Japanese technique for stress reduction and relaxation promotes healing through a light and nurturing touch. You may experience improved circulation and an overall sense of well-being. (Please wear loose-fitting clothing.)

## SHIATSU

50 / 80 minutes

Mon-Sun \$199 / \$299

A deeply relaxing whole-body tune-up. The body's energy system is stimulated by applying pressure to acupoints and along meridians to balance yin and yang.

## CHAKRA BALANCING MASSAGE

80 minutes

Mon-Thur \$309, Fri-Sun \$319

Begin with an anointment of Rose and Lotus Flower essence and the sound of chimes to clear energy and provide focus. Ayurvedic Dosha balancing oils are applied to the body's energy centers along the spine to facilitate opening and flow of energy in your chakras. Then an Ayurvedic Kansa wand is used to activate and balance your chakras. Semi-precious stones are placed on your chakras to further balance the body and provide peace and clarity to the mind. End with a Kansa foot bowl treatment to ground you for the rest of your day.

### THAI MASSAGE

50 / 80 minutes

Mon-Sun \$199 / \$299

This massage uses slow, gentle rocking movements to stretch soft tissues and harmonize vital energies. This graceful therapy is performed on a floor mat and leaves you feeling relaxed, energized, and more flexible. (Please wear loose-fitting clothing.)

### ASHIATSU MASSAGE

80 minutes

Mon-Sun \$299

The ultimate deep massage. Your therapist uses overhead bars for balance while using their feet to release sore, tight tissues and to stimulate circulation.



# BODY TREATMENTS

## BALANCE AND RESTORE

100 minutes

Mon-Thur \$359, Fri-Sun \$369

Energize your senses on a journey to cleanse, exfoliate and balance mind and body. Begin with a sugar scrub exfoliation that will renew, detoxify, and hydrate your skin, followed by a full body massage with a nourishing body oil used to relax and calm tired muscles. Both energizing and relaxing, this ritual leaves the whole body, mind, and spirit completely balanced.

## BODY SCRUB

50 minutes

Mon-Sun \$189

Renew your skin with a scrub that leaves it feeling soft and velvety smooth. Choose from Revitalizing Sea Salt or Tropical.

## BODY SCRUB & FULL-BODY MASSAGE

100 minutes

Mon-Thur \$359, Fri-Sun \$369

This luxurious extended experience is the ultimate in relaxation combining our body scrub and Canyon Ranch Custom Massage.

## PRENATAL REPLENISHING TREATMENT

80 minutes

Mon-Thur \$309, Fri-Sun \$319

For the mommy to be, let your skin be nourished with a hydrating body polish and a relaxing prenatal massage to help improve circulation and get in touch with your body and your baby.

## REFLEXOLOGY

50 minutes

Mon-Thur \$209, Fri-Sun \$219

A whole-body benefit. Your therapist will work on reflex points that correlate to the individual organs and parts of the body. Activating these reflexes helps improve circulation and promotes relaxation.

## CRANIOSACRAL THERAPY

50 minutes

Mon-Sun \$199

Using very light, sensitive touch, your therapist monitors the flow of the cerebrospinal fluid to determine where restrictions are located and gently releases them. This soothing therapy encourages optimal fluid movement throughout the body. The result is a deep sense of calm.

# BODY WRAPS

## COCOON

50 minutes

Mon-Sun \$189

Experience a gentle exfoliation and soothing body treatment while you relax in a cocoon envelopment bed. Choice of seaweed detox, sweet dreams, or coconut nourish.

## COCOON & FULL-BODY MASSAGE

100 minutes \$349

Your body will thank you with this ultra-nourishing cocoon plus a stress-melting massage. Choice of seaweed detox, sweet dreams, or coconut nourish.

# RITUAL BATHS

## EUPHORIA KING'S BATH

100 minutes

Mon-Thur \$359, Fri-Sun \$369

Bliss begins here. Our elegant treatment to relax body and mind includes a scalp massage, mineral and antioxidant enriched body scrub, a soothing soak and a massage with aromatic oils.

## SERENITY BATH & MASSAGE

80 minutes

Mon-Thur \$309, Fri-Sun \$319

Take time to relax. After a full body exfoliation to remove dry skin and stimulate circulation, soak in a calming and comforting bath. The service concludes with a full body massage using an aromatic oil that will leave your skin hydrated.





## FACIALS

### VITAMIN-C ANTIOXIDANT FACIAL

50 / 80 minutes

Mon-Thur \$199 / \$299, Fri-Sun \$209/ \$309

A powerful antioxidant facial that is scientifically researched to deliver a balance of vitamin C that promotes and supports healthy, beautiful, firmer skin. This age-defying facial focuses on diminishing the look of fine lines, hyperpigmentation, and sun damage. Concentrated antioxidants and peptides nourish and work in synergy to defend against the visible signs of aging.

### GENTLEMEN'S FACIAL

50 / 80 minutes

Mon-Thur \$189 / \$289, Fri-Sun \$199 / \$299

Soothe your skin with this facial tailored to men's skin, utilizing products specifically designed to address their unique needs. This treatment replenishes essential vitamins and nutrients, contributing to a thorough cleanse, optimal hydration, and relief from irritation.

### COLLAGEN LIFTING FACIAL

50 / 80 minutes

Mon-Thur \$209 / \$309, Fri-Sun \$219 / \$319

The VENN high-performance products in this treatment create a skincare powerhouse, integrating collagen-boosting elements and microcurrent technology. This dynamic combination works to rejuvenate the skin internally, providing a plumping effect and smoothing away fine lines and wrinkles. Effectively addressing a loss of elasticity and firmness, this facial leaves you with a revitalized, more youthful complexion.

### SEASONAL FACIAL

50 minutes

Mon-Thur \$209, Fri-Sun \$219

This effective treatment uses ingredients of the season that leave your skin replenished and rejuvenated.

### GLO2FACIAL BY GENE0

50 / 80 minutes

Mon-Thur \$219 / \$349, Fri-Sun \$229 / \$359

GLO2Facial is a superior anti-aging treatment that simultaneously exfoliates and provides a surge of oxygen to the treatment area supporting optimum skin health. Complete with a hydrating mask and red light therapy, this Super Facial will soften the appearance of fine lines, minimize pores, hydrate, nourish, and revitalize your complexion and leave you glowing with zero down time. Service not available if you have had Botox and/or Fillers within two weeks of service date.

### GENEO BACK FACIAL

50 minute

Mon-Thur \$269, Fri-Sun \$279

Show off your back and shoulders with our premium GENE0 back treatment. A combination of OxyPod™ technology and active ingredients addresses clogged pores, removing impurities through exfoliation. This rejuvenating, detoxifying back facial works to deep cleanse and exfoliate hard-to-reach spots with bamboo charcoal, leaving your skin looking its best.

# NEW FACIALS

## ORGANIC CUSTOM FACIAL

50 / 80 minutes

Mon-Thur \$189 / \$319, Fri-Sun \$199 / \$329

Indulge in our all-organic facial, crafted from a blend of fruits, vegetables, and herbs rich in antioxidants and vitamins. This exquisite treatment is designed to address a spectrum of skin conditions, including breakouts, rosacea, pigmentation, dehydration, and loss of vitality. Each facial is thoughtfully customized to meet your skin's unique needs.

## HYDRAFACIAL MD®

50 / 80 minutes

Mon-Thur \$285 / \$385, Fri-Sun \$295 / \$395

This noninvasive, multistep treatment combines the benefits of HydraFacial resurfacing procedure, a mild chemical peel, automated painless extractions (no pinching, and a special delivery of antioxidants, hyaluronic acid, and peptides. Enjoy real results without downtime or irritation. Contraindications include: Botox or fillers within two weeks, or pregnancy. Hydrafacial MD® is a trademark of Edge Systems, LLC.

## SOOTHE & HYDRATE FACIAL

50 / 80 minutes

Mon-Thur \$189 / \$289, Fri-Sun \$199 / \$299

Specifically designed for dry, dehydrated & sensitive skins, this soothing and hydrating facial incorporates cryocycle ice globes that will calm, soothe and de-puff your skin. This indulgent facial will leave your skin feeling instantly calmer and more hydrated.

## CANYON RANCH AGE DEFYING FACIAL

80 minutes

Mon-Thur \$319, Fri-Sun \$329

Our Canyon Ranch Age Defying facial is the ultimate in skin rejuvenation. It stimulates cellular renewal, retextures, brightens, firms, and tones the skin. After a skin consultation with your aesthetician, you will select two of the most advanced technologies available based on your skin's needs and concerns to infuse oxygen, firm, and exfoliate your skin. This luxurious facial leaves the skin looking and feeling more refreshed, renewed and youthful.

## BODY + FACIAL WAXING AVAILABLE

Visit [canyonranch.com/lasvegas](https://canyonranch.com/lasvegas) for full descriptions and details.

## FACIAL ENHANCEMENTS

|                                    |      |
|------------------------------------|------|
| CUSTOM MASK                        | \$50 |
| CONCENTRATED SERUM                 | \$35 |
| EYE TREATMENT                      | \$50 |
| LIP TREATMENT                      | \$50 |
| MICROCURRENT                       | \$50 |
| NECK/DÉCOLLETÉ                     | \$50 |
| CRYSTAL-FREE MICRODERMABRASION     | \$85 |
| OXYGEN BOOST                       | \$85 |
| DERMAFLASH                         | \$50 |
| PURE LIFT ENHANCEMENT              | \$85 |
| ANTI-AGING MASK RITUAL             | \$70 |
| CR SIGNATURE HAND & FOOT TREATMENT | \$50 |

# BEAUTY





# HAIR

## HAIR DESIGN

|                            | Mon-Thu | Fri-Sun |
|----------------------------|---------|---------|
| BANG TRIM                  | \$25    | \$25    |
| SALON HAIRCUT              | \$79    | \$89    |
| BLOW DRY   SHORT           | \$59    | \$69    |
| BLOW DRY   MEDIUM          | \$79    | \$89    |
| BLOW DRY   LONG            | \$109   | \$119   |
| BLOW DRY   EXTRA LONG      | \$129   | \$139   |
| UPDO                       | \$119   | \$129   |
| BRIDAL UPDO                | \$130   | \$140   |
| SALON CUT & STYLE   SHORT  | \$139   | \$159   |
| SALON CUT & STYLE   MEDIUM | \$159   | \$179   |
| SALON CUT & STYLE   LONG   | \$179   | \$199   |

## SPECIALTY HAIR SERVICES

### BALAYAGE

Mon-Thu \$299 | Fri-Sun \$309

A free-hand painting color technique that creates a graduated, more natural-looking highlight effect.

### BRAZILIAN BLOWOUT®

Mon-Thu \$399 | Fri-Sun \$409

This semi-permanent hair-smoothing treatment that smooths out your hair by sealing in a special keratin solution that gives you smooth frizz-free hair for up to 12 weeks.

### CANYON RANCH HAIR & SCALP TREATMENT

Mon-Thu \$189 | Fri-Sun \$199

Restore natural balance to your hair and scalp for more manageable styling and ultimate shine. A designer style completes this service.

### EXTENSION CONSULTATION

Mon-Sun \$50

A consultation with one of our specialized stylists.

### EXPRESS TREATMENT

Mon-Sun \$35

A consultation with one of our specialized stylists.

# HAIR COLORING

## CORRECTIVE COLOR WITH CONSULTATION

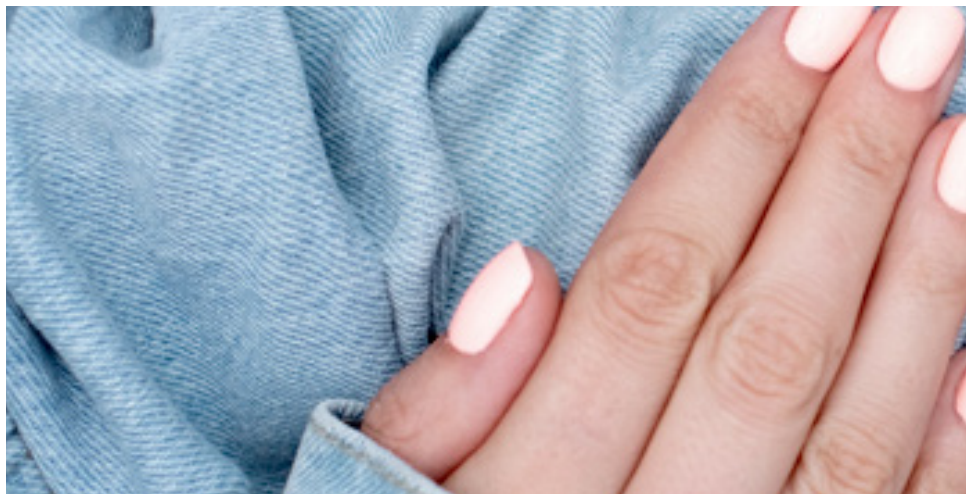
An extreme change in hair color. Using any and all hair coloring services required to correct previously colored hair or to restore hair's integrity.  
*Times and fees vary.*

|                    | Mon-Thu | Fri-Sun |
|--------------------|---------|---------|
| BLEACH             | \$179   | \$189   |
| COLOR REGROWTH     | \$99    | \$109   |
| COLOR FULL HEAD    | \$169   | \$179   |
| HIGHLIGHTS-FULL    | \$189   | \$199   |
| HIGHLIGHTS-PARTIAL | \$139   | \$149   |

# BARBER

Nothing feels better than a great haircut, a professional shave, or a perfect trim. Our expert barbers offer a full spectrum of services, from styling to color, that will enhance your personal style. Enjoy these services in our Barber Suite:

|                      | Mon-Thu | Fri-Sun |
|----------------------|---------|---------|
| BEARD TRIM & SHAVE   | \$99    | \$109   |
| NECKLINE CLEANUP     | \$39    | \$49    |
| HAIRCUT              | \$79    | \$89    |
| HAIR COLOR           | \$99    | \$109   |
| HEAD SHAVE           | \$89    | \$99    |
| MUSTACHE/GOATEE TRIM | \$39    | \$49    |
| STRAIGHT-RAZOR SHAVE | \$89    | \$99    |



## MANICURES

### CANYON RANCH MANICURE

50 minutes

Mon-Thu \$69 | Fri-Sun \$79

Take your senses on a journey as your hands enjoy a softening, fragrant soak and enjoy a manicure that pampers, restores, and refreshes.

### GEL MANICURE

65 minutes

Mon-Thu \$99 | Fri-Sun \$109

Say goodbye to nicks, chips, and smudges. All of the essentials of a perfect manicure finished with high-shine gel polish.

### GENTLEMEN'S MANICURE

50 minutes

Mon-Thu \$89 | Fri-Sun \$99

Indulge in this masculine earthy blend of Bergamot, Sandalwood, and Amber Musk scented manicure that offers a nourishing blend of Shea Butter, Aloe Vera, Vitamin E and Omega Fatty Acids that provide immediate and long-lasting hydration. The whipped sugar scrub is crafted with Pure Cane Sugar and Coconut Oil which will help to break down debris leaving your hands soft and hydrated!

### SEASONAL MANICURE

50 minutes

Mon-Thu \$89 | Fri-Sun \$99

A delight to the senses that allows you to relax and escape into the fragrances of the season while your hands benefit from a soothing soak.



### DIP POLISH MANICURE

90 minutes

Mon-Thu \$119 | Fri-Sun \$129

Get stronger, lightweight and natural long-lasting nails with our easy-to-use dip powder and dip essentials. Dip powder is formulated without harsh chemicals and with added vitamins and calcium to strengthen natural nails.

### NAILS ON THE GO

25 minutes

Mon-Thu \$49 | Fri-Sun \$59

A classic groom and polish for hands in a hurry.

#### NAIL ENHANCEMENTS - (MON-THU / FRI-SAT)

##### FILLS

ACRYLIC \$89/99    GEL \$109/119    PINK & WHITE \$109/119

##### FULL SET

ACRYLIC \$129/139    GEL \$149/159    PINK & WHITE \$149/159

##### GEL POLISH REMOVAL

\$25

##### NAIL REPAIR

\$25

##### ACRYLIC NAIL REMOVAL

\$40

##### ACRYLIC CUSTOM LENGTH & SHAPE

\$20

##### NAIL ART

Fees Vary

##### FRENCH STYLE

\$15

##### POLISH CHANGE

\$30

##### ECO-FIN® TREATMENT

\$25

##### RED LIGHT THERAPY TREATMENT

\$35

##### COLLAGEN TREATMENT

\$25

##### DAZZLE DRY

\$20



## PEDICURES

### CANYON RANCH PEDICURE

50 minutes

Mon-Thu \$99 | Fri-Sun \$109

A revitalizing pedicure designed to perk up even the most overtaxed feet. Gentle exfoliation is followed by a moisturizing complex that keeps feet soft.

### GEL PEDICURE

65 minutes

Mon-Thu \$119 | Fri-Sun \$129

A classic groom for your feet. Finished with a no dry time, high shine gel polish.

### FOOT RESCUE PEDICURE

50 minutes

Mon-Thu \$109 | Fri-Sun \$119

The health of your feet and nails will be restored in this ultimate foot care pedicure which focuses on the three C's of wear and tear - calluses, corns and cracked dry skin.

### GENTLEMEN'S PEDICURE

50 minutes

Mon-Thu \$109 | Fri-Sun \$119

Indulge in this masculine earthy blend of Bergamot, Sandalwood, and Amber Musk scented pedicure that offers a nourishing blend of Shea Butter, Aloe Vera, Vitamin E and Omega Fatty Acids that provide immediate and long-lasting hydration. The whipped sugar scrub is crafted with Pure Cane Sugar and Coconut Oil which will help to break down debris leaving your feet soft and hydrated!



#### SEASONAL PEDICURE

50 minutes

Mon-Thu \$109 | Fri-Sun \$119

A soothing soak will revitalize your feet while you escape into the fragrance of the season. This is followed by an exfoliation, masque, and moisturizing application.

#### ULTIMATE PEDICURE

80 minutes

Mon-Thu \$139 | Fri-Sun \$149

Our Canyon Ranch Pedicure, with the added therapy of a hot stone massage on lower legs and feet, will relieve tired and achy legs.

#### TOES ON THE GO

25 minutes

Mon-Thu \$69 | Fri-Sun \$79

A classic groom and polish for feet in a hurry.



## MAKEUP

### AIRBRUSH MAKEUP

45 minutes

Mon-Thu \$125 | Fri-Sun \$135

Look flawless for that special event. Combined with traditional makeup application with airbrush artistry to create a photo-finish look. Perfect for brides.

### EYES ONLY

30 minutes

Mon-Thu \$59 | Fri-Sun \$69

For the woman on the go. Let our makeup professional create stunning eyes for your special event.

### MAKEUP CREATION

45 minutes

Mon-Thu \$89 | Fri-Sun \$99

Let our makeup professional create a new look for your special event or evening out.

### LASH LIFT & TINT

120 minutes

Mon-Thu \$250 | Fri-Sun \$260

This is a keratin treatment that lifts and enhances the appearance of natural eyelashes. It's an alternative to lash extensions and growth serums, and is considered a painless, non-invasive, and safe procedure. The results can last up to 12 weeks, depending on the natural growth of your lashes.



### **BROW LAMINATION & TINT**

Times Vary

Mon-Thu \$190 | Fri-Sun \$200

This is a keratin treatment to enhance the appearance of eyebrows. The process involves shaping, tinting, and conditioning the eyebrows in a single treatment that can last 4-8 weeks. The results can include bushier, more defined brows that look natural and require little maintenance.

### **LASH APPLICATIONS**

Mon-Sun \$35

Have one of our expert makeup artists apply your lashes.

### **LASH EXTENSIONS**

Times vary.

Mon-Thu \$375 | Fri-Sun \$385

Wake up to longer, thicker, more beautiful lashes. Semipermanent eyelash extensions will be applied to individual lashes, creating a full, natural look.

*Lash Extension Maintenance: Mon-Thu \$125 | Fri-Sun \$135*

### **TINTING**

EYEBROW TINT

LASH TINT

Mon-Sun

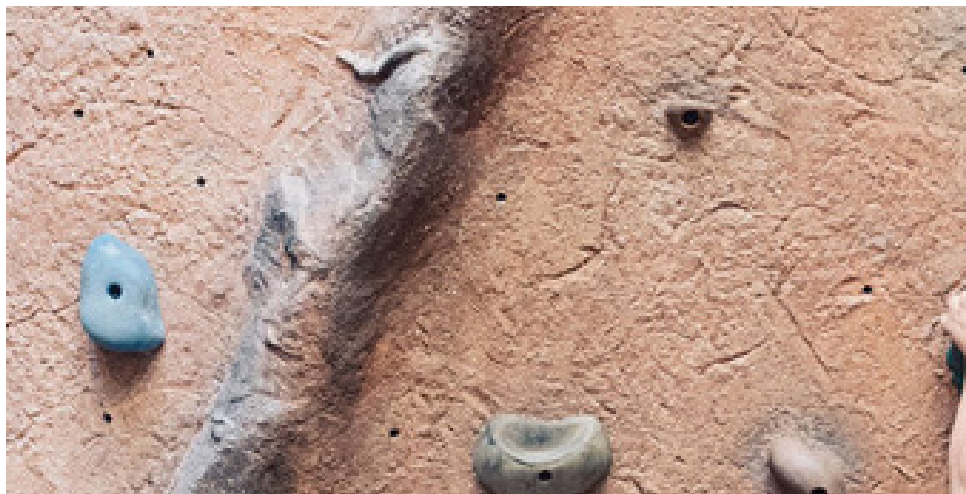
\$50

\$65





# FITNESS + WELLNESS



## CHALLENGE

### DROP-IN FITNESS CLASSES

Per Class: \$20

Classes available seven days a week. See our website for details.

### PERSONAL TRAINING

25 / 50 minutes

Mon-Sun \$59 / \$99

Your one-of-a-kind body calls for a one-of-a-kind workout plan. Our personal trainers hold the industry's top certifications and have the experience that suits your needs, goals, and preference.

### ROCK WALL CLIMBING

25 / 50 minutes

Mon-Sun \$39 / \$69

Challenge your body and spirit by climbing our 40-foot indoor rock wall. Shoes and helmets are provided.

### RX FOR EXERCISE

50 minutes

Mon-Sun \$175

Kick-start an exercise program or get a fresh take on your current routine. Experts help you increase cardiovascular fitness/stamina, muscle mass, core strength, and more.



#### PRIVATE YOGA

25 / 50 minutes

Mon-Sun \$59 / \$99

Find greater balance in life with this long-honored mind-body practice.

Get personal guidance to help you enjoy the benefits of your yoga practice.

Great for beginners or for those who want to enhance their practice.

## NOURISH

#### NUTRITION CONSULTATION

50 minutes

Mon-Sun \$109

Get expert advice on everyday nutrition and how best to feed yourself and your family for optimal health and well-being. This entry-level consultation may be customized to suit your needs and interests.

# IGNITE

## COMPREHENSIVE EXERCISE ASSESSMENT

80 minutes

Mon-Sun \$199

Let us customize your workout. An exercise physiologist assesses your fitness level through five tests: cardiovascular endurance, muscular strength, muscular endurance, flexibility, and body composition, and shows you how to improve your fitness program.

## BODY COMPOSITION SCREENING

25 minutes

Mon-Sun \$79

A simple eight-minute test in our BOD POD® device will accurately measure body fat and lean body mass percentages. An exercise physiologist will review and explain your results. Please wear tight-fitting clothes.

## MOVEMENT ANALYSIS WITH PERCUSSIVE THERAPY

50 minutes

Mon-Sun \$120

A certified fitness expert will perform a 25-minute Movement Analysis to assess muscle strength, weakness and range of motion. Once completed, we will formulate a program that addresses tight or weak muscle groups that need attention. Based on your results, the fitness expert will use percussive therapy to meet your individual needs. A personalized take-home plan will be provided.

# RECOVER

## COMPRESSION RECOVERY

25 / 50 minutes

Mon-Sun \$59 / \$99

Enhance blood flow and speed up recovery with compression boots.

## PERCUSSIVE RECOVERY

25 / 50 minutes

Mon-Sun \$59 / \$99

This Percussion technology device can relieve muscle soreness and stiffness, improve range of motion, promote circulation to accelerate recovery.

## RELAX, RESTORE AND RECOVER

30 / 60 minutes

Mon-Sun \$79 / \$139

Unleash you body's full potential. Sit back and relax in a zero gravity lounger which combines sound and vibration therapy, for full body relaxation. Incorporate proprietary pneumatic compression boots, and soothe headaches and eye strain with our smart goggles. Complete your experience by using a percussion massager to address just the right spot.

## ASSISTED STRETCH WITH PERCUSSIVE MASSAGE

\$79 for 30 minutes



# BEYOND SPA





# AQUAVANA<sup>®</sup>

## EXPERIENTIAL ROOMS

Explore our suite of warm, chilled, and aquatic experiences to delight your senses and soothe your spirit. Enjoy our suggested sequence to focus on relaxation, energy, or stress relief – or customize an experience all your own.

### CRYSTAL STEAM ROOM

Cultivate calm in an aromatic steam environment that cleanses and purifies the body. A space to clear the mind, meditate, reflect, and refocus.

### EXPERIENTIAL RAINS

Step into an invigorating series of multi-sensory showers, including a Caribbean Storm, a Tropical Rain, and a romantic Cool Fog.

### FINNISH SAUNA

A classic sauna experience – healing dry heat plus soothing colored light.

### HERBAL LACONIUM

Inhale the warmth and comfort of an herbal-infused humid environment. The ideal place to delight your body and quiet your mind.

### HYDROSPA

Saturate your senses. Experience a gentle pulsating massage from a variety of fountains. Soothe sore muscles and release tension throughout your body.

### IGLOO

Three cool-air Arctic mist experiences enhanced by a fiber optic glow.

### CO-ED EXPERIENCES

#### SALT GROTTTO

Soothing “sea air” washes over heated benches and intimate seating niches overlooking a bubbling fountain.

#### CONSERVATORY

Intimate seating, music, fresh fruit, and hot and cold beverages. Agracious space for relaxation and conversation.

#### WAVE ROOM

A multi-sensory experience simulating the look and feel of breaking waves under a domed canopy.

# IN-SUITE SERVICES

## SPA

### CANYON RANCH MASSAGE

50 / 80 minutes

Mon-Thurs \$260 / \$385, Fri-Sun \$270 / \$395

## BEAUTY

|                 |            | Mon-Sun |
|-----------------|------------|---------|
| BARBER SERVICES | 50 minutes | \$200   |
| HAIR SERVICES   | 50 minutes | \$200   |
| MAKEUP          | 50 minutes | \$200   |
| MANICURE        | 50 minutes | \$200   |
| PEDICURE        | 50 minutes | \$200   |

## FITNESS + WELLNESS

|                  |            | Mon-Sun |
|------------------|------------|---------|
| PERSONAL TRAINER | 50 minutes | \$120   |
| PILATES          | 50 minutes | \$120   |
| YOGA             | 50 minutes | \$120   |

After hour massage services are available, please contact Venetian Concierge for more information and pricing.





## DINING VENUES

### CANYON RANCH CAFÉ

Nourish your body with the healthy, innovative fare that Canyon Ranch is famous for. The serene setting and the fresh cuisine will refresh and satisfy you. Top off your meal with organic and sustainable wine, beer, or spirits. Indulge regret-free. Located at the spa entrance of The Palazzo® tower, just off the third-floor suite elevators by The Palazzo pool entrance.

### TRUTH & TONIC WELLNESS CAFÉ

Situated on the vibrant Las Vegas Strip, Truth & Tonic is celebrated for its fresh, health-conscious fare and contemporary take on California cuisine. With vegan, gluten-free, and animal protein options, everyone's invited to indulge in chef-crafted dishes, juices, and cocktails highlighting seasonal ingredients. Approved by Canyon Ranch nutritionists and loved by guests, this nourishing menu reflects culinary passion, a dedication to wellness, and nutritional expertise.

Located on the fourth floor of the Venetian Resort®, inside Canyon Ranch Las Vegas Spa + Fitness, next to the gym. Dine-in and takeout options are available.

### CR CREĀT™

Good. Grab. Go. For energy-boosting juices, guilt-free snacks, and nutritious salads, wraps, and sandwiches. Naturally, you'll go back for more. Located at the Grand Canal Shoppes®, on the second floor of The Palazzo tower near guest elevators.

# GENERAL INFORMATION

## LOCATION

Facilities may be accessed from the fourth floor of The Venetian tower via the suite elevator near The Venetian pool entrance. The Palazzo tower guests may access facilities by taking the suite elevator to the third floor located near The Palazzo pool entrance.

## CANCELLATION POLICY

Cancellations must be received at least 24 hours prior to appointment time, or the full-service fee will be charged. If an appointment is rescheduled on the day of service, a charge will be assessed.

## ARRIVAL TIME

We recommend that you arrive at least an hour before your scheduled service to enjoy all our experiential amenities.

## WHAT TO BRING

You may bring fitness wear or swimwear. Shirts and closed-toe athletic shoes must be worn in the fitness area. If you forget, many items are available for purchase. Please bring your photo ID and credit card for check-in.

## TEENS

Guests ages 14-17 are welcome to access our fitness facilities when accompanied by a parent or guardian. Specific tandem massages, bodywork, and skin care services are available with a parent or legal guardian booking the same service. Rockwall is available for ages 10 and up.

## OTHER

A recommended gratuity of 15% will be added to your service, which you may modify at your discretion. A 5% non-adjustable service charge that will be added to your bill. Canyon Ranch is a non-smoking facility. Cell phone use is permitted in the lobby only.

# RESORTS & RETREAT



## TUCSON, ARIZONA

### WELLNESS RESORT

In the inspiring Sonoran Desert, wellness and transformation are Canyon Ranch traditions. Experts help you create a healthy path forward combining fitness, nutrition, stress management, and balanced living. Seasonal cuisine, a positive spirit, and supportive environment foster joy and growth.

## LENOX, MASSACHUSETTS

### WELLNESS RESORT

Discover a Berkshires haven with an everything-is-possible atmosphere. Engaging experts lead mind-body classes and year-round outdoor adventures, culinary stars create superb seasonal cuisine, and integrative wellness professionals inspire you with effective strategies and renewed empowerment.

## WOODSIDE, CALIFORNIA

### WELLNESS RETREAT

Reconnect with nature, community, and you at our intimate retreat near San Francisco. Surrounded by the Redwood Forest, your spirit is nurtured with guided activities, fitness classes, outdoor discoveries, and inner journeys. Wellness experts inspire you, wholesome meals nourish you, and your path becomes clear.



VISIT US

Open 6am to 8pm Daily

Call 702.414.3610 to make an appointment  
or book online at [spa.canyonranch.com](http://spa.canyonranch.com).

Canyon Ranch Spa + Fitness + Beauty is accessed via the  
3rd floor of The Palazzo tower, next to the pool  
entrance and the 4th floor of The Venetian tower,  
next to the pool entrance.

CANYONRANCH®

LAS VEGAS • THE VENETIAN® RESORT